



SPIRITUAL WEALTH

How to Live The Prosperous, Affluent, Rich,
Abundant Life You **WERE TRULY MEANT TO LIVE.**

GIN NG



Spiritual Wealth.

How to Live The Prosperous, Affluent,
Rich, Abundant Life You WERE Truly
Meant To Live.

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The Rise Of Gin

Hi, my name is Gin.

In 2013 I embarked on the journey of self improvement.

Back then my life sucks, I was living below my mean and I was desperately looking for ways to improve my financial outlook. And then I met several mentor who guided me. They gave me a chance to tap into the power of internet to spread more love, more hope and joy to the world. From there I never look back.

It wasn't always smooth tough. I faced a lot of challenges and some even crush me to the ground. I always thought that my goal should be making a lot of money from internet. And I failed horribly. The more desperate I'm chasing after money, the more it runs away from me. I was so frustrated with my life and I thought of giving up. But because i'm exposed to all sorts of personal development information. Those uplifting information actually helped me evolve into a better person and I'm glad that I pull it thru. And I'm going share with you how specifically the concept I learnt changed my life forever.

The moment I understand what spiritual wealth is, many areas of my life like health, financial, relationship with family and my love one improved significantly.

Everything seems perfect, but deep inside my heart I'm still living my life based on fear. Fear is my motivation and back then I'm still holding on to my job. Which I really scared of losing it because I've been an employee for so many years. The fear of not getting a paycheck is very real!

However, here's where I realise...

highly conscious people won't get short-changed by the universe.

Let me explain...

After a few months of working with highly conscious people. I finally understand the core difference between them and normal people. They are driven and passionate about what they do.

In short...

They are driven by love, and I'm driven by fear.

They're highly aligned with their calling, intone with their higher self and nothing can stop them.

I've personally experience the positive changes the moment I start pursuing Spiritual Wealth instead of Physical Wealth.

From there on, I've met many industry leaders and successful entrepreneurs.



Met author of Chicken Soup for The Soul, Sir Jack Canfield at Vegas.



Inspiring others thru the workshop ran by me and my mentor.



Maui trip with DR Steve G Jones..



Awesome meet up with like minded peers in US.



Met Sir Richard Branson during his trip to Singapore.

I wanna tell you that life offer you so much more when you're driven by the most powerful force in the Universe called LOVE!

That's the purpose of this eBook, I wanna show you that Spiritual Wealth is what keeps your soul happy and contented, Material Wealth cannot bring you happiness .

The person has all the worldly possessions like wealth, material assets, name, fame, friends and relations and he or she enjoys them fully but if per chance he or she happens to lose any one of them, such a person is not affected at all by the loss, which cannot make him or her unhappy and miserable.

I hope you're excited with what I going to share with you in the next chapter.

What is Spiritual Wealth

There are two types of poverty ... physical and spiritual. Same goes to wealth. There are material wealth as well as spiritual wealth. What is Spiritual Wealth?

Spiritual wealth is balance within
using the metaphysical unseen
forces of the universe guided by
your soul's and minds energy
causing a universal response to
what you want. - Arround

Woodgett

Possessing material comforts in no
way guarantees happiness. Only
spiritual wealth can bring true
happiness. - Konosuke Matsushita

“The secret to wealth is simple.
Find a way to do more for others
than anyone else does. Become

more valuable. Do more. Give
more. Serve more. And you will
have the opportunity to earn
more." – Tony Robbins

Living life with a purpose is imperative. Having a strong "why" to get up each day and take action lends itself to fulfilment. Many mankind have no direction in life ... or just haven't done the work to understand what truly drive them, which leads to spiritually poor, even though physical wealth may not be an issue at all.

Physical wealth (or materialism) is unlikely to solve the human's problems. Indeed, today there are many who believe that the relentless pursuit of physical wealth and material things may be the major cause of our human problems, and that the solutions lie in replacing spiritual poverty with spiritual wealth. This is by no means easy to prescribe a simple "cure" at all.

Our modern world is characterised by materialism. Much of the modern world believes the universe and human beings are little more than sophisticated machines, that is physical body without soul.

We are living in an era of unprecedented materialism. Too many of us give top priority to physical wealth and material things ... and low priority to spiritual things (some don't ever think about

these spiritual things). Our economics, our politics, and even our culture are steeped in material values and beliefs and the behaviours that flow from these. It seems that most human beings do not care for things which they do not value them.

The main indicator of growth in the modern world is economic growth. Whether we are talking about an individual, a business or a country as a whole, growth or progress tends to be seen as having more physical wealth and more material things.

Not only is this seen as desirable in itself, it is seen by many as a "recognized remedies" which will eventually fight against poverty, disease, anxiety, and the many other problems of human life. However, the reality is economic growth are just figures ... it simply means that we spent more this year on goods and services than last year. It does not tell us anything about the human, social and environmental costs of providing them ... or the most important it does not tell us whether we are getting happier and more fulfilled.

Without being aware, because of marginalising wisdom and deeper meaning, modern societies have unintentionally created a so called "spiritual void". As a result, many human beings, including those with enormous physical wealth, feel that something huge is missing from their lives. It is difficult to express this missing thing into words ... they feel an emptiness inside them that cries out to be filled.

Those who cannot find the answer may experience this as anxiety, fear and insecurity. They try to fill the emptiness to make themselves feel better and more “fulfilled” (in the wrong way) ... and they do this in a variety of ways. They over-eat, they over-spend, they act violently, they engage in unhealthy activities ... and the worst they consume drugs or alcohol as “temporary” pain-terminators. These behaviours, which are detrimental to themselves, often lead to other forms of health issues, such as obesity, depression and worst of all - suicide, as well as the health problems such as heart disease and high blood pressure. They will continue to behave in these ways as long as the “spiritual void” exists ... and as long as they are spiritually poor.

Why Spiritual Wealth is Important?

*Happiness comes from spiritual wealth, not material wealth ...
Happiness comes from giving, not getting. If we try hard to bring
happiness to others, we cannot stop it from coming to us also. To
get joy, we must give it, and to keep joy, we must scatter it. - John
Templeton*

*A lack of purpose in life can be significant factor in causing
anxiety and depression in life. It has been found human beings
who have not been able to find their "why" and meaning in life,
suffer from anxiety and depression.*

*People suffering from anxiety and depression suffer from a vague
sense of tension, desperation and a feeling of emptiness. They
seem to be unaware of where their life is going and have difficulty
or have no guidance defining their life purpose.*

*Such lack of meaningfulness can also cause panic attacks. As
long as they are unable to develop a life purpose and give a
greater sense of meaning to their lives, and take necessary risks to
attain their life goals, they are unable to overcome their anxieties
and depression. They are unable to then realize their own
potential and become ready to confront their fears.*

*To feel happy and fulfilled with your life, you must have a purpose
in life ... the spiritual purpose. Common examples of life purpose*

could be contributing to your community or giving helping hands to those in need. When you realize what truly gives your life meaning and purpose, you are more likely to go beyond your personal needs and have a beneficial impact on others. When you begin to discover your true purpose and potential, you tend to move above and beyond your personal needs. This, in turn, gives you the satisfaction and relieves your tension and anxiety. In addition, it gives you a sense of completeness and you work hard for the betterment of others.

To grow spiritually in a world conquered by power and money is a not an easy task. Modern conveniences such as electronic equipments, gadgets, and tools as well as entertainment through television, magazines, and the internet have predisposed us to confine our attention mostly to physical needs and wants. As a result, our concepts of self-worth and self-meaning are muddled. How can we strike a balance between the material and spiritual aspects of our lives?

To grow spiritually is to look inward ...

Introspection goes beyond recalling the things that happened in a day, week, or month. You need to look closely and reflect on your thoughts, feelings, beliefs, and motivations. Periodically examining your experiences, the decisions you make, the relationships you have, and the things you engage in provide useful insights on your life goals, on the good traits you must sustain and the bad traits you have to discard. Moreover, it gives you

clues on how to act, react, and conduct yourself in the midst of any situation. Like any skill, introspection can be learned; all it takes is the courage and willingness to seek the truths that lie within you. Here are some pointers when you introspect: be objective, be forgiving of yourself, and focus on your areas for improvement.

To grow spiritually is to develop your potentials ...

Religion and science have different views on matters of the human spirit. Religion views people as spiritual beings temporarily living on Earth, while science views the spirit as just one dimension of an individual. Beliefs, values, morality, rules, experiences, and good works provide the blueprint to ensure the growth of the spiritual being. In Psychology, realizing one's full potential is to self-actualize. Maslow identified several human needs: physiological, security, belongingness, esteem, cognitive, aesthetic, self-actualization, and self-transcendence. When you have satisfied these needs, spiritual or existential needs come next. Achieving each of these need leads to the total development of the individual.

To grow spiritually is to search for meaning ...

Several theories in psychology propose that we ultimately give meaning to our lives. Whether we believe that life's meaning is pre-determined or self-directed, to grow in spirit is to realize that we do not merely exist. We do not know the meaning of our lives

at birth ... however we gain knowledge and wisdom from our interactions with people. As we discover this meaning, there are certain beliefs and values that we reject and affirm. Our lives have purpose. This purpose puts all our physical, emotional, and intellectual potentials into use ... sustains us during trying times ... and gives us something to look forward to ... a goal to achieve, and a destination to reach. A person without purpose or meaning is like a drifting ship at sea. A person with physical wealth and spiritual poor will be like a human being without life purpose.

To grow spiritually is to recognize interconnections ...

Religions stress the concept of our relatedness to all creation, live and inanimate. On the other hand, science expounds on our link to other living things through the evolution theory. This relatedness is clearly seen in the concept of ecology, the interaction between living and non-living things. In psychology, connectedness is a characteristic of self-transcendence, the highest human need according to Maslow. Recognizing your connection to all things makes you humbler and respectful of people, animals, plants, and things in nature. It makes you appreciate everything around you. It moves you to go beyond your comfort zone and reach out to other people, and become stewards of all other things around you.

Growth is a process thus to grow in spirit is a day-to-day encounter. We win some, we lose some, but the important thing is that we

learn, and from this knowledge, further spiritual growth is made possible.

Aside from the self-transformation you get from having a spiritual wealth, there are a number of benefits that you can get out of the same experience. Soul awakening and self-development leads to a balanced life. Eventually, the same balanced life will lead you to a happy and fulfilled life. What spiritual wealth can do for you is more than just the physical benefits.

What Keanu Reeves Can Teach Us About Wealth



In 2006, Reeves told Parade Magazine that.

Grief Changes Shape, But it Never Ends.

I want to show you a lesser known side of my favorite movie star, Keanu Reeves.

In 1999, Keanu Reeves became most famous for his role in my favorite science fiction film, The Matrix.

It earned an impressive \$463.5 million at the box office and was nominated for and won four Academy Awards. The Matrix is a has made him super famous and the money he made is enough to

last for at least 4 generations of his lifetime, but the life of its star wasn't always as polished as it seems.

Keanu's life has been full of more tragedy than you would expect from a movie star. Despite each setback, he's kept pushing forward. It's helped develop himself into the awesome person that he is on and off the screen.

"Most people know me, but don't know my story. At the age of 3, I watched my father leave. I attended four different high schools and struggled with dyslexia, making my education more challenging than it is for most.

At the age of 23, my closest friend River Phoenix died of a drug overdose. In 1998, I met Jennifer Syme. We fell instantly in love and by 1999, Jennifer was pregnant with our daughter. Sadly, after eight months, our child was born stillborn. We were devastated by her death and it eventually ended our relationship. 18 months later, Jennifer died in a car accident. Since then I avoid serious relationships and having kids. My younger sister had leukemia. Today she is cured, and I donated 70% of my gains from the movie Matrix to Hospitals that treat leukemia.

I am one of the only Hollywood stars without a Mansion. I don't have any bodyguards and do not wear fancy clothes. And even though I'm worth \$100 million, I still ride the subway and I love it!"

Apart from the 70% that was donated to hospitals and leukemia research, he gave a great amount of his gains from the Matrix to

the production crew and special effects team, making them instant millionaires!

Keanu Reeves is truly a hero I admire and respect because show us how he turns his wound into wisdom in both silver screen and real life. I hope Keanu's stories shows you is that money and fame isn't gonna bring you happiness. Material Wealth does not bring you happiness. He donated 70% of his earning and live frugal, smile to everyone he come across and take the subway biting sandwiches. He is so real and down to earth because he understands the difference between spiritual wealth and material wealth. And you can do the same, stop letting mainstream media brainwashes you into believing that money and fame is the only thing you should spent your whole life chasing after.

How to build Spiritual Wealth

People don't know what they are striving for. They waste themselves in senseless thrashing around for the sake of a handful of goods and die without realizing their spiritual wealth. - Aleksandr Solzhenitsyn

A spiritual path is easy to miss because it is subtle. It is a path to your higher consciousness with fuller awareness. Upon entering the spiritual path, you will begin to change your perceptions and see new interpretations of reality. You will learn to heal yourself from the conditioning of childhood, societal mores and traditional thinking. You move from being unaware to becoming an empowered, conscious, loving, holistic, and fully functioning person. You will start to understand the mysteries of life.

As your awareness expands, you will realize there is only one of you. Who you are expands to include all the parts of your life. Knowing and feeling connected to this full-self unfolds in stages, as there are degrees of truth along the way to full truth. It is a continual process of exploring yourself and others, participating in relationships and groups, and learning from experiences of your inner-self.

How do you start your spiritual journey? ...

Often it begins with a personal crisis that starts an inner desire to look beneath the surface of what is happening to find richer meaning and purpose.

These questions could include such things as.

- Who am I outside of my roles and conditioning?
- Why am I here?
- What would give my life more meaning and purpose?
- Why do these things happen to me?
- How can I help myself?
- Why do I worry about what my family and friends think?
- How can I heal my dysfunctional thoughts, feelings and behaviors?
- How can I change my life so that I like my life??

These questions and many others need answering ... this will then cause you to move into a deeper quest for life. Life is always answering your inner questions by bringing you answers and new experiences. These experiences may come to you through books or religious teachings, or by listening and learning as you grow. However, you have to be ready to see, feel and hear the insights.

Sometimes it is not even a conscious thought that begins the journey. It might be that you are having problems or you have a habit that needs changing, or a relationship that is not working. At what point would you want to enter a therapy group, a

counseling group, or a family therapy group to help improve your situation. Many of these types of groups can open the doors to a deeper search.

You may respond because you have had too much pain and suffering after a catastrophic event like an illness, divorce, loss of a job or a death of a family member. These experiences force you often to look for answers. This is because you become confused, hurt or angry. When you are in this frame of mind, you can open yourself to new ideas.

Another way you can move on to a spiritual path is if you have a partner who is willing to join you on your journey, especially if they are constantly changing and growing, helping to introduce new ideas and catalyzing the relationship. When you stay in a relationship, you can evolve together.

When you decide to make your journey, some mystical experiences can bring you change that will last forever. This is an expansion of consciousness, greater than everyday life. This is where you can lift the veil of non-understanding. Once you have made the changes you will make an instant change in your life. You will release all your fears and start to understand that love is the underlying principal of the universe. You can change your life forever.

The circle and the spiral of life ...

Let us now look at two different people. One is living a normal life and one is starting their spiritual journey. For clarity let us call her Nancy and let us say that Nancy lives her life in a line that goes from point A to point B, eventually this makes a circle from birth to death. Nancy is born into a family that would expect her to follow the family's path. This includes family values and beliefs that have been handed down from one generation to the next. Therefore, Nancy stays within the comfort of her conditioning.

If Nancy decides to move out from the family footsteps, it would probably be in reaction to extreme situations. Nancy jumps to another point and has the tendency to over-correct and therefore, act out the opposite side of the coin. Nancy may look like she is thinking for herself and acting differently; however, she is still dealing with the same coin. Nancy will still condition and will still stay within the boundaries of the family circle.

Time will tell if Nancy returns to the traditions or truly moves into higher consciousness. I would like to point out at this point that many who find their spiritual path do go back to traditional ways; they just experience it with a newer and deeper understanding.

So now, let us look at person number two, we will call this person Michael. Michael looks at the boundaries in the circle and is not satisfied, wanting more from his life than following the line from point A to point B. This calls forth a deeper process in a number of

ways ... so, Michael moves out of the circle. The circle now becomes a new configuration, a spiral. The circle represents a closed system, repeating what has been modeled and taught. It is very difficult for new information to get into this system. When Michael enters the spiral, he makes a shift upwards and moves into a new dimension, an open system, which is full of information not known within the circle.

Another way to explain this is to use a mountain. Nancy lives at the bottom of the mountain and everything is familiar. Is this where you are? If you are, then you may have learned for example, that you are an extension of your parents or family. You need to conform to the roles and rules of these groups. You may respond to them telling you what to do. However, you should remember your body is of physical beauty, strength and youth, and this is what counts in your life.

Alternatively, you may believe that your possessions make you who you are. Others around you may think that it is great that you have a high IQ and you did well at school. You have plenty of money and you seem to have it all. That is all very well except that true happiness and having a connection to your inner self, are missing.

If this makes you think about what your role is, and what is missing in your life, that is a good thing. This is the point that you may actually move away from the bottom of the mountain onto the spiral where you will find your true self.

Are you ready to walk up the mountain and find your hidden path to your higher realizations? It may be uncomfortable at first and your rational mind might try to talk you into going back down the mountain for safety and familiarity.

As you climb, you will start to find others who want to share ideas with you and who can answer a few of your questions. You may find the life you really want.

You now have some ideas to ponder over. What journey do you want to take?

We have looked at the difference between Nancy who is not willing to walk away from the circle to start her journey; therefore, she will stay this way forever. We have also looked at Michael, who wants to change his circle; therefore, he will have a happier and fuller life.

Many experiences and thinking patterns can initiate your spiritual journey. The decision is up to you.

Do you want a higher awareness or do you want to live a life where you are blind to what you can really become?

In reaching spiritual wealth and awakening, you need meditation. And meditation itself has lots of benefits. Meditation can relieve

stress for one thing which is highly ideal especially in the busy lives we have today.

Working in the city and a highly stressful environment can bring a toll to the mind and body. Having daily meditation time can help relieve the stress and can in the long run make you healthier and your life longer. It will lead you to finding your true self and determining your real potential.

The effects of meditation might not be felt immediately. Some might even feel a little stress from the exercise but eventually when you do this on a more or less regular basis you will start to feel the effects kick in. It might take some time before you feel a certain level of calmness and peace but it will come.

You will start to feel happier with yourself and with your surroundings. You will start finding the best out of a situation and not feeling depressed or angry all the time. You will become more patient and you can connect with other people more now. And not only that ... you will find that you have a better understanding of who you are, a better understanding of your own consciousness. You will find that not only did your physical body improved, become healthier but your overall emotional and spiritual state have grown to some extent.

There are different meditation techniques. In fact, there are numerous schools of thought that provide different styles and

approaches in finding your true self. Some would insist on having a mantra, a word that you have to repeat in order to calm your mind to begin the meditation process.

There are some who would find having someone guide him or her through the meditation process as the most effective way to reach a calm state of mind. They seem to find it difficult to do it by themselves. The goal in meditation is to get to that place where you are totally relaxed, where nothing, including your mind interferes. It is a level of consciousness where you do not have unnecessary thoughts, or no thoughts for that matter play a role.

Imagine yourself in a pitch black room. Even if you do not see anything, you are aware that you exist. That is very similar to what we plan to do during a meditation process. You look into yourself and become aware of what or who you are without thinking. It is a higher level of awareness that were looking for.

Manifest Abundance & Getting The Money You Deserved

You are about to learn a simple technique to weave a flow of money into your life without struggle and pain or worry. First you will want to understand a simple concept for being in the right flow.

In order to Manifesting greater abundance, you must begin to be aware of abundance in your own life. Although money may be

lacking there may be several areas of your life where you do have signs of abundance.

The sooner you can be aware that life is overflowing with streams of wealth the faster you can align yourself to receive the wealth that you want.

One of the biggest reasons most people cannot envision much less manifest abundance is because most people think of lack. Most people see life through the eyes of scarcity and lack. As you become aware of the many possibilities of wealth all around, you slowly begin to change your inner barometer for abundance.

--Being in a Money Flow--

You can practice this meditation for a few minutes every day and take notes of your day as you go along. See what happens on the days when you do practice these techniques.

Take a few deep breaths. Imagine yourself giving money to others. See them receiving that money with joy. Then let the cycle flow by seeing money coming to you. Allow yourself to stay with this inner meditation for a few minutes until you are filled with the feeling of abundance.

Now the second step to this technique is quite fun. If you have resistance in doing it then it's quite likely you still have a lot of

resistance towards money and continue to feel lack. Be mindful of how you are feeling as you do this step.

Go out and give some money to those who are in need. That could be the homeless or those who do come up to you. Make it a point to do this for a few days as you also practice the guided visualization. Remember to take notes to make your results.

Remind yourself that you do live in a wealthy and abundance universe. There is nothing to fear and your needs are always met. You can manifest greater abundance with deeper understanding of the spiritual laws then manifesting will become easier and fun.

How Spiritual Wealth Can Change Your Life

If we have not developed a reservoir of spiritual wealth, no amount of money is likely to make us happy. Spiritual wealth provides faith. It gives us love. It brings and expands wisdom. Spiritual wealth leads to happiness because it guides us into useful or loving relationships. - John Templeton

By being receptive, we can avail ourselves of the spiritual wealth available to us. By being open, we can receive things beyond what we ourselves might imagine. - Ming-Dao Deng

Realization of who you really are ...

Spiritual wealth allows you to realize your purpose in life and who you really are. You become aware of everything that was not right in your old you. You realize all the things you used to do and do not want to do anymore ... and all the thinking patterns you do wish to throw away. You never want to go back ... and you are so happy about what you have discovered. You feel a feeling of deep fulfilment and happiness, from getting closer to your real

truth, and deep joy to feel this new momentum and feeling of hope. You do not want to be defined by society or others anymore. You finally want to know who you really are. You ask yourself questions about yourself, life's purpose, and about the universe.

Experiencing a state of inner peace, becoming more patient and tolerant, and the ability to rise above frustration, and negative feelings ...

You will have loss of interest towards any type of judgment towards others or yourself. You now understand your emotions' purpose ... to indicate you which vibration you hold. A negative emotion is the indicator of a negative vibration. You will understand that living in fear, in worry, is the worst thing to do as we create our reality based on our thoughts and we attract that which we give our attention to. You now want to make your decisions based on love and trust, and to be in gratitude and joy. You will also have loss of interest in all forms of conflict. Your inner peace has become sacred. All types of conflicts make you feel terribly uncomfortable as you now feel every energy change in your body. You want inner peace and deep serenity. You will want to avoid conflict.

Increasing inner strength and confidence ...

By embracing your true self, you can throw away the false thoughts and feelings of your lesser nature like weakness. Spiritual wealth helps to buffer our fears.

It's paralyzing when we realize we can have it all (physical wealthy) and still feel empty (spiritual poor). The more spiritual we are, the more connected to something beyond the daily grind of being a human being, the more we enjoy and appreciate our success.

When we feel spiritually connected, and connected to a group of people, we have more strength to overcome our harder times in life. The spiritual tenets we follow serve as the platform for our personal growth and development. As we get stronger, we come to view our painful times as contemplative opportunities, and eventually come to trust that the hardships we pass through are designed to make us stronger and wiser as people. We have more faith that we are internally and externally supported to come out on top. Our spiritual practices provide the refuge we need when we need it.

Spirituality helps us identify and recognize the interconnectedness of our lives with those of all other things and people. Mistakes and failures are an important and shared part of the human experience. No one gets out of life pain free. It is important to practice self-compassion and to love ourselves

regardless of mistakes or failures. The beauty of a spiritual philosophy is that it never abandons us ... it is there to uphold us.

Spirituality is about being humble, loving and kind. Spiritual wealth help keep us mindful not be violent or unkind, and to engage in behaviours that are life preserving for ourselves and others. We live with more peace and maturity.

Spiritual wealth keeps us humble. We come to understand the more we give, the more we listen, and take time for others, the more we shall receive. Wouldn't it be perfect if we have both spiritual and physical wealth?

Spiritual wealth can be forever, however physical wealth comes and goes. For this simple reason, do not strive for financial success alone. Strive to experience the depths of what it means to be a spiritual wealthy human being while enjoying the physical wealth.

Famous People & Spiritual Wealth

***Just as a candle cannot burn
without fire, men cannot live
without a spiritual life - Gautama
Buddha***

You need to have a spiritual wealth along with physical wealth. As has been the case with numerous celebrities, wealth and fame has often led to a path of certain sad endings. Sudden riches have culminated in abuse of drugs and excessive spending in their lifestyle.

However, some celebrities have gained success and riches and have become better humans for it. They live a life of inner spirituality and bigger purpose of helping and giving.

*Let's talk about Richard Gere. You may know him as the superstar of *Pretty Woman* and *Runaway Bride* ... and he married to one of the most beautiful women in the world in the 90's ... Cindy Crawford. Many people do not know that he is a also Buddhist and a loyal student of Dalai Lama's teachings?*

Richard felt confused and was living anxiously in his late twenties. He has all he want about physical wealth ... however, he always felt emptiness in his life ... and he could not find the answer.

Sounds ridiculous, right? Having all these great things in life (appearance, physical wealth) and all great events happening to him, he still felt something huge was missing? That's called spiritual wealth ... something which we need to be fulfilled as a human being. As spiritual beings living a physical experience, we cultivate more of outside senses of our being, rather than focusing on what is of importance inside of us. We are brought up in the society with great importance emphasized on material-achievements rather than spiritual growth (some don't ever think about these spiritual things).

Here are the quotes of Famous Celebrities who believe and practice Spiritual Wealth ...

The drive for happiness is vital, it's what keeps us in motion. – Richard Gere

A meaningful life comes from a deep sense of awareness about "who you are and why you're here". - Oprah Winfrey

I think a spiritual journey is not so much a journey of discovery. It's a journey of recovery. It's a journey of uncovering your own inner nature. It's already there. - William Patrick Corgan Jr

You can't have a physical transformation until you have a spiritual transformation. - Cory Booker

Folklore About Spiritual Wealth

To help you understand the concept of Spiritual Wealth,
I've hand picked these 2 folklore which can present the idea well.
These two stories resonate with me and I hope it resonate with you
too...

Enjoy!

1st Story: Why Am I So Poor?

A beggar who has been begging for food and shelter around the
street for years, thinking of ending his own life because he don't
have the courage to live a poor life for the rest of his life.

And so he passes by a forest.

He saw Buddha.

He felt so relief and tears start pouring from his eyes. He kneels
down on the floor asked the Buddha,

"Why am I so poor?"

The Buddha said, "you must learn to give."

So the poor man said, "But I'm so poor and I have nothing to
give!"

Buddha said: "You have, in fact you have more than what you
thought... Within you can offer a few things,

Your Face, which can give a smile;
Your Mouth: you can praise or comfort others;
Your Heart: it can open up to others;
Your Eyes: who can look the other with the eyes of goodness;
Your Body: which can be used to help others."

You see, the poor man is poor because he is poor at heart, he only sees material wealth as important, where he neglected his own ability to bring more love, hope and joy to the world which is way more important than money/material wealth. You can't expect to receive all the beautiful and good things in life with a closed heart. Be open, have a wealthy heart to plant good deeds, give more and you shall be blessed with many more in return.

2nd Story: Love, Wealth and Success

A woman came out of her house and saw three old men with long white beards sitting in her front yard. She did not recognize them. She said, "I don't think I know you, but you must be hungry. Please come in and have something to eat."

"Is the man of the house home?" they asked. "No", she said. "He's out."

"Then we cannot come in", they replied.

In the evening when her husband came home, she told him what had happened. "Go tell them I am home and invite them in," he said.

The woman went out and invited the men in. "We do not go into a house together," they replied. "Why is that?" she wanted to know. One of the old men explained: "His name is Wealth," he said pointing to one of his friends, and said pointing to another one, "He is Success, and I am Love." Then he added, "Now go in and discuss with your husband which one of us you want in your home."

The woman went in and told her husband what was said. Her husband was overjoyed. "How nice!" he said. "Since that is the case, let us invite Wealth. Let him come and fill our home with wealth!"

His wife disagreed. "My dear, why don't we invite Success?" Their daughter-in-law was listening from the other corner of the house. She jumped in with her own suggestion: "Would it not be better to invite Love? Our home will then be filled with love!"

"Let us heed our daughter-in-law's advice," said the husband to his wife. "Go out and invite Love to be our guest."

The woman went out and asked the three old men, "Which one of you is Love? Please come in and be our guest." Love got up and

started walking toward the house. The other two also got up and followed him.

Surprised, the lady asked Wealth and Success: "I only invited Love, why are you coming in?" The old men replied together: "If you had invited Wealth or Success, the other two of us would've stayed out, but since you invited Love, wherever He goes, we go with him. Wherever there is Love, there is also Wealth and Success!"

Just like how the story says, the moment you have a wealthy heart, you'll be sending positive energy out. And in return you'll attract more positive energy back, and many times all the good things do not come back from the same source. Love is the currency of life that you can buy literally anything.

You Can Have The Best Of Both World

In acquiring material wealth all are not equally blessed. But in gaining mental and spiritual wealth, everyone has an equal chance. Beginning from character and disciplines and ending with supreme kindness and goodness, the wealth of the mind is displayed in abundance before all. The question is only who wants, and, to which measure! - Swamiji

It is a common belief that physical wealth and spiritual wealth cannot co-exist ... If you are spiritual, you should not want physical wealth, and vice versa. People who want physical wealth are greedy and materialistic. This way of thinking is detrimental. Money itself is a form of energy ... it does not inherently breed materialism ... and greed. Money itself is not good or bad. It is not consciously making decisions on its own. Therefore, it is neutral.

Money and spirituality actually go well together, and together can bring abundance into your life.

Wealth and spirituality can be highly compatible. By understanding that money and spirituality complement one another, you'll open the gates to attract more money into your life, and be able to enjoy your abundance in a deep, fulfilling way.

Do you think Oprah or Richard Gere feel bad about having physical wealth? Don't you think it is right for them to be physically wealthy because of the values they bring to people's lives?

Final Words

Hopefully this book has given you a comprehensive overview of the topic of Spiritual Wealth and hopefully it has shown you how it can improve your life on a lot of different levels.

Don't stress too much if you can't seem to follow these lessons.

You do not have to be perfect.

Take one step at a time.

Slowly plant the seed in your mind. They are very important, so if you need to take your time to be comfortable with them, take it. Find your own rhythm and follow it, without trying to accelerate it. The most important thing is to always keep yourself on track. Once you are following them, you will slowly understand and enjoy the new life they will give. I guarantee you that these lessons ensured a greater life for me, as they will to you.

I hope my book helps you. If you find my eBook useful, don't miss the opportunity

to recommend this to all the people you love, you could be making a huge positive impact on their lives.

And, finally, I thank you so much for reading my book.

I hope you use this knowledge wisely and wish the best of luck to you.

Your #1 Fan,

Gin,

Founder of

<http://GinTheVagabond.com>

and Author of

Spiritual Wealth